

DECEMBER 2021 | FOURTH QUARTER NEWSLETTER

Hopi Opportunity Youth Initiative

A PROJECT OF THE HOPI FOUNDATION

SEASONS



GREETINGS

"To improve the cultural, career
and educational attainment of all
Hopi and Tewa Youth."

HOYI

Happy Holidays



SEASONS GREETINGS FROM OUR HOYI STAFF!

MESSAGE FROM NICOLE HONANIE
PROGRAM MANAGER

Greetings HOYI Family,

The holiday season is upon us and as we prepare to come together with our families please remember to be safe. Although we have learned to live with COVID 19 it does not mean its time to let our guard down. Families are an important part of our lives and we need to do our part to keep our families safe and well. Please remember to tell all your loved ones that you love and appreciate them. Not just during the holidays but each day. The gift of life should be cherished each day.

This year HOYI has overcome many challenges but looks forward to bringing support to our partners and especially our Hopi/Tewa youth. In the upcoming new year, we plan to be more involved with youth programs, our youth advisory boards, and community advisory boards to support the needs of our youth. In 2022 we plan to host a youth conferences. In order to make all these events a success, we need support from our community. Thank you to all who donated in 2021. Without your generosity, our youth would continue to face challenges without support. We look forward to a prosperous year in 2022.

Usquali!





Data Updates w/ Eugene



HOYI has 3 different pathways which dictates HOYI's work. They are Mentoring, Service Learning, and Cultural Well-Being.

The term Cultural Well-Being refers to promoting a positive Hopi/Tewa identity within the youth as they progress in their lives. HOYI's formal definition of cultural well-being is "to provide insights into cultural, emotional, professional, traditional, technical, and/or experiential aspects of Hopi/Tewa culture with an emphasis on Language." We noticed that our work was mostly related to Mentoring and Service Learning and we weren't doing much work under the Cultural Well-Being Pathway. Not knowing how to proceed, we decided that we first need to see where our youth stand culturally and move forward from there.

In 2019, HOYI began their Cultural Well-Being survey. The survey is a compilation of 5 sections, relating to culture (song, dance, etc.), ceremony, emotion-mental (well-being), technical (hard facts of Hopi/Tewa life - numbers, colors, etc.), and experiential life (living the Hopi/Tewa and Pahana ways). The 2019 surveys have been analyzed and prepared for a presentation.

If you or your organization is interested in the results, please contact Eugene Cody at eugene.cody@hopifoundation.org. We would like to share our results with stakeholders and the community at large.

Happy Holidays!



Youth Liaison Updates



With the end of the year approaching, we have been in full swing preparing for next year and game planning on how we plan to better engage our youth.

We understand with the on going pandemic that we cannot meet in person and poses a challenge but we plan to combat that as the new year approaches.

One of our many jobs at HOYI is to also provide team building exercises and assist groups with a better understanding on how best to work with one another. One of these exercises is the True Colors assessment. So our Youth Liaison provided this assessment for all Hopi Foundation staff, with the new staff this has been a great tool!

Along with the team building, Lexie has been taking her MPOWRD training as a review so she can offer these sessions in 2022.

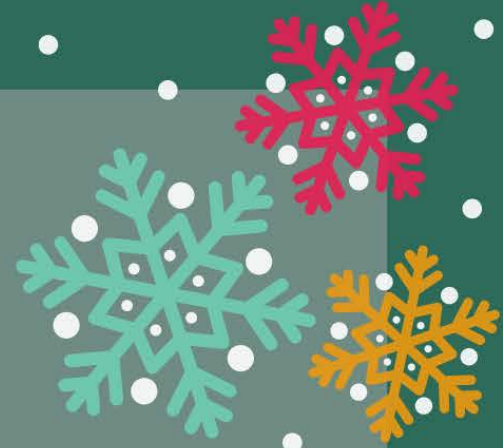
We are still actively recruiting for YAB members so please feel free to contact Lexie for any inquiries or recommendations.

lexie.james@hopifoundation.org

Happy Holidays! Continue to stay safe and warm!



Giving Tuesday Updates



HOYI would like to give a heartfelt thank you to each and every one of our donors. With the money raised, we plan on bringing back our Youth Conference to help amplify the Hopi/Tewa youth voices and needs with the effects from Covid 19.

We are excited to announce that we raised

\$1,123.34

With your help we surpassed our goal of \$1,000!



The work that HOYI does could not be sustained without the support of our community and most importantly the Youth. We send our thanks and appreciateion to you all. Prayers of hope and blessings are being sent your way!

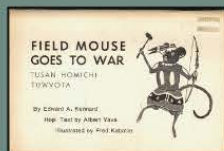
Askwali! Kwa'kwaii! Kuna'ah!

GI  **ING**
TUESDAY

Collaborations



Top Picture: (students and adults reading along)
Bottom Picture: (Nicole presenting FMYC board member G. Lomayestewa books donated to FMYC)



Two stories were shared "Arrow to the Sun" and "Field Mouse Goes to War" stories shared read. It was a great opportunity to share some of our own childhood favorites with the next generation. Thank you to the Hopi Library for having these books available. As a thank, you each of the youth in attendance were gifted Native American books. FMYC was also gifted a set of books to share with our youth who visit the center.

Thank you to our partners for joining us for this event! We encourage you to keep sharing our Hopi Folk tails and history with our younger generations.

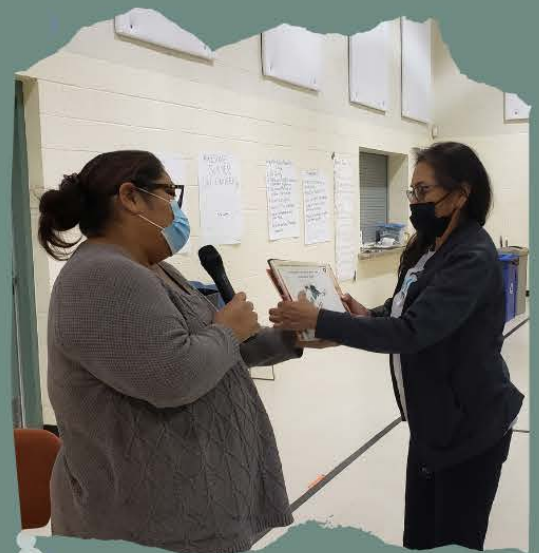
For Giving Tuesday, HOYI and the Hopi Leadership Program teamed together and give back to our youth in the form of a storytelling. Event which took place on November 16th.

We were fortunate to partner with the First Mesa Youth Center and host a storytelling event at their facility.

This event gave us the chance to sit and talk with the youth about their goals and how the pandemic has affected their everyday lives.

It was a joy to listen to them and watch the interaction as they enjoyed each other's company.

Thank you FMYC for creating a welcoming environment and allowing us to reach out to our Hopi/Tewa Youth.





Announcements



We are always looking for members to serve on our:

Community Advisory Board
&
Youth Advisory Board

We welcome anyone interested in servicing our Hopi/Tewa Youth.
If interested contact us at HOYI for more detail.

We're Hiring



Natwani Coalition - Program Coordinator
HSAPC- Program Manager
KUYI- Marketing Coordinator
KUYI - Receptionist (Part-Time)

The application deadline for these positions will be
Friday, January 28th. HF job applications are
available on the HF website
(HopiFoundation.org/jobs)

Or you may contact Hannah Honani
hannah.honani@hopifoundation.org



YOUTH GATHERING OF NATIVE AMERICANS CONFERENCE

Ages 10 to 25 (Vaccine cards & masks required)

December 20-21, 2021

To Strengthen our Community, **YOU ARE THE SOLUTION** Gathering of Native Americans (GONA) is a safe place to share



Understanding life's purpose by integrating Hopi teachings, customs and values with current day lifestyles. Determining common goals among participants in the community (Clan, Family, Society, and Tribe).

Hopi Veterans Center

MUST REGISTER BY DEC. 15, 2021
FOR INFORMATION CONTACT: Sherie Adams at ShAdams@hopi.nsn.us or (928)-787-6300 or Brandon Scott at BScott@hopi.nsn.us or (928)-675-8056

Hosted By: Hopi Behavioral Health Services



Event Schedule

Dec. 20, 2021	
8:00 a.m.	Registration
8:30 a.m. -- 4:00 p.m.	Activity modules; BELONGING / MASTERY
Dec. 21, 2021	
8:00 a.m.	8:00 a.m. - OPENING
8:30 a.m. -- 4:00 p.m.	Activity modules; INTERDEPENDENCE / GENEROSITY

Take the journey of **COMPLETENESS** among individuals, families, and our communities.

EXPLORE how generations incorporated the four directions, stages of group and life development, and the four elements of balance.

EXPLORE how generations incorporated the four directions, stages of group and life development, and the four elements of balance.

EXPLORE understanding of our HOPI journey by joining to witness its diverse issues on history of trauma, mental health, substance use disorders and suicide that spawned from 9/11 trauma.

COLLABORATE on resiliency by engaging spiritual, physical, mental, and emotional endurance to advance from corners, glances to action and ultimately into sustainability.



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

Health Choice Arizona/Blue Cross Blue Shield Tribal Program invites you to be trained as an **Adult Mental Health First Aider**

Mental Health First Aid for Adults teaches people how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions.

Date: December 16, 2021

Time: 8:30 AM - 5:00 PM

Location: Hopi Wellness Center

RSVP: BScott@hopi.nsn.us / 928-675-8056

***MUST SHOW PROOF OF COVID-19 VACCINATION CARD TO ATTEND!**

For more information contact:

Holly Figueroa
(928) 214-2109
Hopi Behavioral Health Services

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID

- Employers
- Police officers
- Hospital staff
- First responders
- Caring individuals



HOPI BEHAVIORAL HEALTH I'M FOR LIFE PROGRAM PRESENTS:

safeTALK Training



Suicide is preventable. Anyone can make a difference!
-Half-day training in suicide alertness skills
-Learn four basic steps to create a life saving connection
-Widely used by professionals and the general public

HOPI WELLNESS CENTER
DECEMBER 15, 2021 1PM-5PM
DECEMBER 22, 2021 8AM-12PM

MUST SHOW PROOF OF COVID-19 VACCINATION!

For more information or to register please contact Brandon Scott @ BScott@hopi.nsn.us or (928)-675-8056



FOR MORE INFORMATION ABOUT SAFETALK PLEASE VISIT THEIR WEBSITE:
WWW.LIVINGWORKS.NET/SAFETALK

NATIVE HOPE

FREE 2-Day Youth Training Event

Monday, December 27, 2021

Tuesday, December 28, 2021

10 AM - 4 PM

Hopi Veterans Memorial Center

Native HOPE is a youth curriculum, focusing on suicide prevention and related risk factors such as substance abuse, violence, trauma, and depression. This is a strengths-based approach incorporating culture, spirituality, and humor, as well as awareness and education of the warning signs of suicide.

Open to Youth, ages 9-24 years old.

Lunch will be served

PROOF OF COVID VACCINATION REQUIRED!

To reserve a spot call

(928) 675-8056 or email BScott@hopi.nsn.us



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

Health Choice Arizona/Blue Cross Blue Shield Tribal Program invites you to be trained as a **Youth Mental Health First Aider**

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Date: December 14, 2021

Time: 8:30 AM - 5:00 PM

Location: Hopi Wellness Center

RSVP: BScott@hopi.nsn.us or (928)-675-8056

***MUST SHOW PROOF OF COVID-19 VACCINATION CARD TO ATTEND!**

For more information contact:
Holly Figueroa
(928) 214-2109



HOYI Board Members:

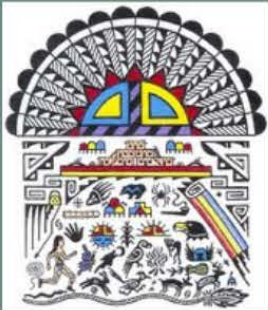
Community Advisory Board

Dione Naha, Mackensie Navenma, Danielle Albert, Carmen Honyouti,
Dinah Pongyesva, Cara Dukepoo

Youth Advisory Board

CiAnna Sakeva, Boisiu Dewangyumptewa, Kerissa Ben, Timothy
Grover, Skyler LaBahe

Hopi Foundation Programs



Hopi Foundation
P.O. Box 301 / 110 Main St.
Kykotsmovi, AZ 86039
(928) 734-2380



Hopi Leadership
KUYI Hopi Radio
Natwani Coalition
Hopi Substance Abuse Prevention
Hopi Opportunity Youth Initiative



Donations accepted year around at:
<https://www.hopifoundation.org/contribute>



Holiday Brain Teasers

Christmas Carol Challenge



ABCDEFGHI
JKLMNOPQ
STUVWXYZ



IT CAME
A MIDNIGHT

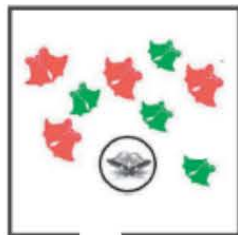
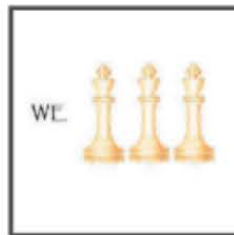


CHRISTMAS



REINDEER
GRANDMA

pear partridge tree



JINGLE
BELL
BELL
BELL
BELL

NOEL
NOEL
NOEL
NOEL
NOEL

RING
RING
RING
RING
RING



Itam puhuyaasangwuy piw ökiwisa.
Niikyang uma ang soosoy haalakyaakyang
umuuqatsiy öqalyani

Uma yaasangwuy ang paas namitunatyaltotani

